2019 USATF New Mexico Association
Junior Olympic
Cross Country Championships

Saturday, November 2, 2019
Mesa del Sol Trails
Dr. E. A. Swede Scholer Regional Recreation Complex
5601 University Blvd SE, Albuquerque, NM 87106
www.newmexico.usatf.org

GENERAL INFORMATION

Meet Director: Brian Osterloh  president@newmexico.usatf.org
Youth Chair: Arlena Dickerson arlena2004@msn.com
Managing Director: Gretchen Futey  (505) 908-8996  gretchen.nm.usatf@gmail.com
Eligibility: All athletes 5-18 years of age who reside in New Mexico. 2019 USATF membership required. USATF membership applications are available online at www.usatf.org/membership. Age verification must be complete prior to entry deadline.

SCHEDULE, ORDER OF EVENTS & AGE DIVISIONS

Please Note: Age groups are based on year of birth, not age on the day of event. See list below:

<table>
<thead>
<tr>
<th>Age Divisions**</th>
<th>Distance</th>
<th>Time and Sequence</th>
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<tbody>
<tr>
<td>15-18 Team Division</td>
<td></td>
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<tr>
<td>15-16 years (born 2003–2004)</td>
<td>5 km (3.1 miles)</td>
<td>12:00 PM - 15-18 combined. Scoring for 15-18 teams and individual awards for 15-16, 17-18 individuals. Girls and Boys Races will be combined.</td>
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<tr>
<td>17-18 years (born 2001-2002)</td>
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<tr>
<td>13-14 years (born 2005-2006)</td>
<td>4 km (2.48 miles)</td>
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<tr>
<td>8 &amp; under (born 2012)*</td>
<td>2 km (1.24 miles)</td>
<td>Girls then Boys upon completion of previous event. <strong>Girls and Boys may be combined and this event may be run concurrently with the 5 km event above.</strong></td>
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<tr>
<td>9-10 years (born 2009-2010)</td>
<td>3 km (1.86 miles)</td>
<td>Girls then Boys upon completion of previous event</td>
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<tr>
<td>11-12 years (born 2007-2008)</td>
<td>3 km (1.86 miles)</td>
<td>Girls then Boys upon completion of previous event</td>
</tr>
</tbody>
</table>

*Athletes must be at least 7 years of age on December 31 of the current year to compete in the National Junior Olympic Championships, however, all 8 & Under are allowed to compete at Association & Region level.

** Age divisions 13-14 and older will be contested, however, athletes and teams in those age groups who do not compete will be waived through to Region 10 if those athletes and teams are properly entered and paid. Stated differently, athletes and teams 13-14 and above who are entered and paid for this meet do not need to compete to be eligible for the Region 10 championships.

ENTRIES

Register: Online at www.athletic.net
Waivers: All team and unattached athlete USATF waivers and entry payments must be received prior to competition.
Entry Deadline: Monday, October 28, 2019, 9:00pm MT. Age must be verified prior to the entry deadline. Contact gretchen.nm.usatf@gmail.com for assistance.
Entry Fee: $8 per athlete
Payment: Online at www.athletic.net prior to the entry deadline.

NO LATE OR RACE DAY ENTRIES
BIB NUMBER & PACKET PICK-UP

All competitors must wear their assigned bib numbers during competition chest-high on the front of their jerseys. Packet pick-up will be at the race site on the morning of the event from 7:30am. There will be a $10.00 charge to replace a lost bib.

TEAM SCORING

To obtain a team score, a team must have at least 5 athletes in the same gender and age group. You may enter up to 8 athletes on the team entry/declaration as scoring athletes. You may enter multiple teams in the same gender and age group provided each team has 5 to 8 athletes. The top 5 finishers among the declared team will score but all finishers on the declared team will receive a score.

EVENT RESULTS

Results will be printed and posted onsite after each race has been completed and scored. In addition, event results will be posted at www.newmexico.usatf.org by midnight November 2, 2019.

PROTESTS

Protests must be made in writing in accordance with Rule 146 and must be accompanied by a $100 cash deposit which will be forfeited unless the protest is upheld.

AWARDS

USATF Junior Olympic medals will be awarded to the top ten individuals in each age division/gender. Team awards will be awarded to the top three teams in each team age division/gender (8U, 9-10, 11-12, 13-14, 15-18).

REGIONAL QUALIFYING

All individuals and all teams in each age group who complete their race in the USATFNM JO XC Championships will be eligible to advance to the USATF Region 10 Championships to be held November 16, 2019, at Santa Ana Golf Club in Santa Ana Pueblo, NM. In addition, all athletes who are entered and paid in the 13-14, 15-16, and 17-18 age groups will be eligible to advance to the Region 10 championships.

Note: Athletes must be 18 or younger on November 16, 2019, to be eligible for the Region 10 Championships. Also, athletes must be at least 7 years old on December 31, 2019, and 18 or younger on December 14, 2019, to be eligible for the National Championships.

FACILITY RULES, POLICIES AND GUIDELINES

| Concessions: | There will be a concession stand and portable restrooms available on site. |
| Water: | There is no source of running water available. Please bring adequate water for your athletes. |
| Tents: | There are no trees or other shade, there will be an area designated for team tents. |
| Parking: | Parking will be available on the south side of the course. Please follow directions of parking attendants. |
| Merchandise: | Meet-related apparel will be sold on site. |